

## Mental Health Committee Goals

- Raise awareness of mental health needs
- 2. Increase access to mental health services
- 3. Increase collaboration between providers

## AGENDA Mental Health Committee

12:00 PM, February 27, 2019
Location: The Nonprofit Center, Boardroom
114 S. Independence
Enid, OK 73701

- 1. Call to Order and Introductions
- 2. Approval of Minutes of January 23, 2019 meeting
- 3. Report from Oklahoma Behavioral Health Association activities and update on legislation related to mental health issues. Discuss OBHA schedule of meetings and have people sign up. Discuss how members would like to receive OBHA information/emails.
- 4. Report on February 11, 2019 mental health event showing Resilience: The Biology of Stress and the Science of Hope" and public forum.
- 5. Discussion and/or action on 2019 Mental Health Committee activities including
  - a. Follow up event to February 11 Resilience event.
    - i. Paper Tigers
    - ii. Trauma Informed Workshop
  - b. Out of the Darkness Community Walk, October 4th, 2019
    - i. Planning Mtg scheduled for Friday, March 1<sup>st</sup>, 2019, 1:00 pm in the CDSA Boardroom.
  - c. Mental Health Awareness Month (May)
  - d. Suicide Prevention Month (September)
- 6. New Business, any matter not known about or which could not have been reasonably foreseen prior to the time of posting
- 7. Announcements
  - a. Next Meeting—March 27, 2019 at 12:00, The Non Profit Center, Boardroom
  - b. Resilience Behavioral Health, St. Mary's Regional Medical Center will be providing lunch for the March 27<sup>th</sup> meeting.

Motion and approval to adjourn.

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